

# With Stamford Health, you have options.

When the unexpected happens, you need prompt care. However, not every issue requires a visit to the Emergency Department (ED). With Stamford Health, you have options based on how urgent and severe your condition is. Our ED provides care for life-threatening illnesses and injuries, 24 hours a day, seven days a week. For treating conditions not requiring ED services, we additionally offer care through our Immediate Care Center and our Walk-In Center, both located in Stamford.

## Walk-In

### Walk-In Center

292 Long Ridge Road, Suite 104  
Stamford, CT

At the Stamford Health Medical Group (SHMG) Walk-In Center, patients (ages 14+) receive the highest standard of care as an affordable, convenient alternative to visiting the hospital emergency department or local urgent care center. The Walk-In Center is an integrated extension of SHMG's primary care locations, treating conditions routinely seen by your primary care provider, including:

- Allergies
- Coughs and colds
- Ear infections
- Eye infections, including conjunctivitis
- Headaches
- Sinus conditions
- Sore throat/strep throat
- Urinary tract (bladder) infections

**Cost:** The Walk-In Center is an in-network provider with all of the major insurance carriers. Primary care office co-pays apply.

or

## ICC

### Immediate Care Center

32 Strawberry Hill Court, Stamford, CT

The Immediate Care Center treats conditions that require X-rays and stitches, as well as:

- Abscesses
- Allergies
- Broken bones
- Bumps and bruises
- Cold/flu
- Cuts and lacerations
- Earaches
- Migraine, headaches
- Pink eye
- Rabies vaccinations
- Rashes
- Sore throat
- Sprains and strains
- Urine infections

*\* If you are in the Immediate Care Center and your medical condition needs a higher level of care you will be transferred expeditiously to the Emergency Department.*

**Cost:** Most major insurance carriers are accepted, however some individual insurance plans do not cover urgent care visits. We urge our patients to contact their insurance companies individually to inquire about coverage. If you do not have insurance coverage, we have self-payment options available.

or

## ED

### Emergency Department

One Hospital Plaza, Stamford, CT

The Emergency Department provides care for serious or life-threatening conditions. **For medical emergencies,** such as many of the following, **call 911** immediately.

- Chest pain/shortness of breath
- Broken bones
- Fainting, sudden dizziness, loss of consciousness
- Very bad headache
- Rape/sexual assault
- Alcohol or drug overdose
- Seizures
- Abdominal pain
- Sudden numbness or paralysis
- Sudden change or loss of vision
- Sudden change in mental status or confusion
- Severe burns
- Suicidal or homicidal feelings
- Uncontrolled bleeding, severe or persistent vomiting or diarrhea
- Choking/trouble breathing
- Suspected Stroke

### Pediatric Emergency Department

We are the only facility in the region with a dedicated pediatric emergency department. A separate pediatric area, staffed by a specially trained team, eases what can be a scary experience for our youngest patients.

**Cost:** Insurance accepted.